

## **Help for Parents of Difficult, Young Children-Information Sheet and Suggested DVD List**

**We recommend that the husband read this out loud as the wife intently listens.**

If you are reading this trying to head off problems with your children, we want to commend you for your wisdom in foreseeing possible future problems and avoiding them.

If you are reading this and your child is displaying **blatant disobedience, disrespect for authority; yelling or screaming at parents, throwing fits or throwing things at authority figures**; we also want to commend you for seeking wisdom and help! The first step to changing is recognizing the problem and its seriousness. If you are willing and teachable, you can learn what you need to do to turn your situation around. The DVDs listed below will give you the answer to the question, “How do I raise obedient, respectful children?” You may need to recognize that your child may be in control of your home right now and is about to bring you great “shame.” **BUT YOU CAN TURN YOUR HOME AROUND WITH GOD’S HELP!**

Below is a customized list of DVDs in the order that you and your spouse need to watch them. We recommend that you watch the suggested DVDs that are listed per week, in the order they are listed. That may sound like a lot, but you need to remember that the problems you are having will begin disappearing as soon as you recognize the areas that you need to change and begin changing. The results will come as quickly as you get the information and begin applying it. That means you want to watch the DVD and glean all the help you can from it as quickly as possible.

You also want to keep in mind how much time and money you would spend if you were going in for counseling appointments. You need to realize that watching a DVD (outside of your personal devotions with the Lord) is the most important thing you will do that day. You may not understand why and how these principles work until after you have heard the messages, but Bible truth undergirds all that we are sharing with you.

**May God grant you the wisdom and discernment that you need to** “train up your children in the way that they should go.” Proverbs 22:6

**Below are the suggested 46 DVDs & 5 CDs in the order to be watched throughout 11 weeks. The total cost for this set is \$429.00. (THE DVDs ARE BELOW WHOLESALE PRICE AND YOUR CDs ARE FREE!)**

Every DVD listed is there for some special reason. Some are to give wisdom for parenting while others are there to strengthen you personally in some key area or to strengthen your marriage.

**The following should be played (at least 1 chapter) every day for the entire family:**

**“Picture Proverbs Volume 1”** – Available in the *Picture Proverbs Deluxe Set*

**“Picture Proverbs Volume 2”** - Available in the *Picture Proverbs Deluxe Set*

### **Week 1:**

**Together:** **“Changing the Heart of a Rebel”** (Parents only-watch) - Available in the *Help for Rebels Starter Set*  
**“3 Key Elements of Successful Parenting”** - Available in the *Parenting Series*

Watch once or twice at the beginning. You may need to refer back to it again and again. This will be your other main “reference” DVD. You can also download and print out the “ABC’s of Successful Parenting poster” from our website to hang up in your home. You may decide to watch this DVD with the child, pausing the DVD and saying, “Did you hear what he just said? That *is what will happen if you don’t obey immediately and sweetly.*” It is highly likely that the child has been in control of making decisions, which is one area that **MUST** change. The child can no longer be in control of any given situation.

The Other DVDs Listed Below are ALSO FOR THE PARENTS! They may be watched with the rebellious child or the rest of the family, Be aware that watching the DVDs with your children will give you a **GREAT CHALLENGE TO CHANGE.** They will recognize areas in which you have failed or are failing and will watch to see if **YOU** are willing to change **BEFORE** they will.

**“Parenting with a Diligent Hand”**

**“How to Parent as a Team”** – Available in the *Parenting Series*

After completing this DVD, both parents write out the “laws” of your home. After going over the list with your children, post it somewhere in the home where that they can see it. If your children can’t read yet, it will still be a good idea to tell them what is written and what the consequence is if they break it.

**“What the Bible Has to Say About Spanking”**

At the end of this week, you may be realizing a lot of the failures that you have made. That is a huge step in the right direction. You should now be to the point where you will decide what you are going to do

with your given situation. Are you ready to begin turning your home around by applying what you heard in the above messages?

### Week 2:

**Together:** “7 Keys to Unlock Doors of Communication” -Available in the Marriage Collection  
“How to Bless Your Children and Others” - Available in the Parenting Series  
“Anger the Destroyer” – Available in the Anger Series  
“The Necessity of Replacing Evil with Good” -Available in the Victory Over Bad Habits Collection

### Week 3:

**Together:** “How Right Priorities Prevent or Solve Life’s Biggest Problems” – Available in the Men’s Collection  
**Husband:** “Christ, the Husbands Example” – Available in the Men’s Collection  
**Wife:** “The 7 Fold Power of a Wife’s Submission” – Available in the Ladies Collection  
“Submission Causes Submission” by Dr. Larry Brown (only available in CD at this time)

### Week 4:

**Together:** “4 Things Every Child Needs From Their Parents”  
“How to Train Children to Refuse Evil and Choose Good” - Available in the Parenting Series  
“How to Develop Character in Your Children” - Available in the Character Series  
“How to Keep Children from Getting Bitter”

### Week 5:

**Together:** “Freedom from the Spirit of Anger” – Available in the Anger Series  
“God’s Weightiest Commands to Husbands, Wives and Parents” -Available in the Marriage Collection  
**Husband:** “10 Steps to Victory Over Lust” – Available in the Men’s Collection (if the husband did or has a problem with Lust) The 3 great sins of men are Anger, Lust and Pride. Often if there is a problem in one of these areas there might possibly be a problem in all 3.  
**Wife:** “How a Wife Can Use Reverence to Build or Save Her Marriage” – Available in the Ladies Collection

### Week 6:

**Together:** “Expectations, the Enemy of Relationships and Gratitude” -Available in the Marriage Collection  
“What Impatience Does” – Available in the Anger Series  
**Husband:** “10 Timeless Bible Teachings on the Bride Price” -Available in the Courtship/Betrothal Series  
**Wife:** “The Attitude No Lady Should Have” – Available in the Ladies Collection

### Week 7:

**Together:** “What Pride Does” – Available in the Pride Series  
“How to Humble Yourself” – Available in the Pride Series  
“How to Pass On Your Convictions to Your Children”  
“The High Cost of Anger” -Available in the Anger Series

### Week 8:

**Together:** “What Character Is and Does” - Available in the Character Series  
“How to Build a Storm-Proof Marriage” -Available in the Marriage Collection  
**Husband:** “Key Character Qualities of a Godly Man” – Available in the Men’s Collection  
**Wife:** “God’s Way to Deal with Your Wrong Emotions” – Available in the Ladies Collection

### Week 9:

**Together:** “Hard Work – the Foundation of Character” – Available in the Character Series  
“Oneness – God’s Goal for Your Marriage” -Available in the Marriage Collection  
“Accountability – Missing Ingredient for Spiritual Victory” - Available in the Friendship Series  
“Are You a Giver or a Taker?” -Available in the Marriage Collection

### Week 10:

**Together:** “What the Bible Has to Say About Scorn and Mockery” -Available in the Anger Series  
“How to Conquer Strong, Evil Habits” -Available in the Victory Over Bad Habits Collection  
“How to Help a Man (or a Person) Deal with their Anger” -Available in the Anger Series  
“Integrity – Parent of Character” – Available in the Character Series

### Week 11:

**Together:** “**How to Treat a Wounded Spirit**” -Available in the *Marriage Collection*  
“**Understanding Biblical Leadership**” – Available in the *Men’s Collection*  
“**Overcoming Discouragement**” (If you are getting discouraged you may need this message earlier)  
“**How to be Reconciled to Your Friend or Enemy**” (only available in CD at this time)  
“**God’s Directions to Avoid Pitfalls of Misunderstandings**” (only available in CD at this time)  
If you do not have a pastor the following 2 audio CDs may help you understand the importance of having a pastor and how to find one.  
“**The Consequences of Living Life without a Pastor**” (only available in CD at this time)  
“**How to Find or Leave a Church**” (only available in CD at this time)

A **difficult young child (ages 0-12) is MUCH easier to turn around**, rather than waiting for your child to continue down this road and turn into a full blown rebel in a few years. It is much easier to turn the situation around **NOW** than if you put things off and wait until things get worse. You will realize very quickly then that the problem you are dealing with now is nothing compared to just waiting to see if things will “just work themselves out.” Almost **NEVER** do problems simply disappear. Even when parents think they have disappeared, they have usually just gone underground and are waiting to resurface in a worse form than before. We have had several parents dealing with rebels tell us that they wish they could go back and change things before their child turned to full rebellion because the heartache is worse. Why not enjoy the children that they could be instead of dreading every day ahead?!

*Here are some simple suggestions that can be begun immediately and will really help!*

**Remember, “Expectations ruin relationships!” So, NO EXPECTATIONS FROM EITHER SPOUSE!**

**Husband-** Read the Bible aloud (1 chapter) each night with the entire family. You could also use the Picture Proverbs that is included in your Series of DVDs listed above. Or you could begin reading in Proverbs or the New Testament.

Pray together each night as a family and as a couple before going to sleep. This is a great time to teach your children how to pray. Then, each of you pray aloud (as a couple) where the other one can hear you.

It is going to take the Father getting **VERY** involved! It would be extremely difficult for one parent to be the only one trying to turn the situation around. Typically speaking, the Dad is the one that is complacent, or not thinking that there are problems at all, while Mom is thinking that there is a **HUGE** problem. That may be because he goes to work and is away from the problems that Mom has to deal with constantly during the day. You’re familiar with the statement, “Out of sight, out of mind.” That very well could be where you are.

Especially when you are dealing with problems with boys, you must have Dad doing the main parenting and discipline. (This is more true the older the boys get.)

Husband, if your wife feels like you are having problems, please listen to her. God made her to be the emotional side of your relationship which means that she is more sensitive to problems in the home than you may be. That is one of the reasons why God has made her your “help meet.” She may see things that you don’t, and remember, you aren’t always home with the children as she usually is. She is spending the majority of her day dealing with the children and the problems. Don’t be one of those “couch potato” Dads that as soon as they come in the door from work, sit down in front of the T.V. and zone out or go straight to the office and get on the computer until supper is ready and then retreat back there again until bed time. Be the Dad that comes home and realizes that your wife has been there all day long taking care of your children, your house and preparing your meals. Jump in there and ask her if she could use a hand with something. Ask to help keep the children busy while she is working on dinner. Give her a break. Sometimes Mom’s could just use 20 minutes alone to catch their breath. Plus, that will help you be more involved in the training of the children. You are interested in the things that you pour your life into. What area of your life is the most important to you? *Matthew 6:21 For where your treasure is, there will your heart be also.*

Twenty years from now, you don’t want to look back and realize that you have a nice retirement plan and no family with which to share it. Remember that your children are your biggest assets and spending a minimum of two to three hours a day with them at this time is crucial to you having their hearts down the road.

**Wife -** We know you are busy trying to get things done during the day - dishes, meals, laundry, cleaning, etc. - but make sure that you are spending some one-on-one time playing with your children, too. There are many Mothers now that are absorbed in other interests (such as computer use, texting, soap operas, T.V. in general, telephone conversations, hobbies and crafts, etc.) rather than giving the attention to their children that they

need. Some wives get upset when their husband comes home and isn't the Father that they need him to be. But are you spending the time with your children that you need to be spending? Be careful about spending more than 30 minutes a day on personal interests that don't involve your family and try to schedule that when your children are taking naps or having quiet time.

Every Mother could use a break during the day. If your children are too old for naps, then maybe they need quiet time instead for thirty minutes to an hour each day. (You need to make sure that they aren't becoming little "vacuums" doing nothing during that time.) Reading books is great. For older children, homework could be done during this time. You then can use this time for yourself. You may choose to take a nap yourself or just relax. You may even choose this time to have your personal devotions or watch your DVD for that week.

Try not to get caught in the trap of "while the children are busy, I can get \_\_\_\_ done." It's understandable you doing that sometimes, but don't make that the norm. You need some quiet time for yourself so you don't get tired and short with your precious little gifts from God.

**Together** - Remember, the first step to changing is to recognize the problem and the seriousness of it. You need to see this problem as serious and give it the attention that it needs.

No arguing or disagreeing in the presence of the children. If there is a problem, talk about it later, behind closed doors, so the children don't know there is a disagreement. Children need the stability of parents that are going to stay together. (This is explained in more detail on the DVD "4 Things Children Need from Parents.")

Praise each other and have appropriate, physical involvement (a small kiss, a hug, holding hands etc.) in the presence of your children.

YOU want to be the one who raises your children-- not the T.V. or Video Games. Children shouldn't have a lot of time spent watching T.V. or playing Video Games. Don't get into the habit of letting those "things" be your babysitter. Have activities that are planned instead. Play time is VERY important. That is where they learn to be creative. With small children, play time should be a large part of their time.

When having problems with a child under age 12 you are probably dealing with a discipline problem. Most likely, there is inconsistency or anger in your parenting.

Typically, one parent will be strict while the other is more laid back. If you are going to fix the problems that you are having in your home, it will take both of you giving 100%. This doesn't mean each of you giving 50% but both giving 100%.

When you spoil and cater to every wish or want of your child, they feel like they are in control instead of you. They let you be in control sometimes, but they know who the boss is.

A child should not have the final decision concerning what is going to happen or not happen in the home. Sometimes you may give them a choice, but the majority of the time, they need to learn to "obey what you say, do it right away and do it with a smile." ☺ Maybe that is a statement that you should have your children memorize and even hang in your home. "Do what I say, when I say and with a smile."

Inconsistency is one of the things discussed in the "3 Key Elements of Successful Parenting" message that is vitally important. Consistency is so important! That is what gives your child stability. You are either going to be consistent in letting the child win or you winning. It depends on who will hold out the longest. Sometimes the child can outlast the parent in getting what they want. You must have the greater determination that they are going to do what you told them to do than they have that they aren't going to obey.

As the parent, you MUST win EVERY time! If the child wins, you have lost! The easy road is to give in to them, but that will just make your job harder and harder each time you allow them to win. After all, isn't the goal immediate obedience with a smile? If it isn't that, it isn't obedience, and the child has won. Changing in this area isn't easy, especially if you have a child that has been winning every battle all along. It is going to require a lot of determination and patience. Eventually the child will give in. Remember they are testing you and your boundaries. If they win this time they will think they are going to win next time too. Can you win? Yes, it's possible to win! You just have to be determined that you won't settle for anything less.

It can be tiring to deal with a difficult child constantly. It may take you hours of going around in circles to teach them that they will obey what you have told them to do. There may be days when that will be all that you get done, but when you are exhausted from the struggle of who will win, remember that one battle won today means you won't have to fight to win it over and over again in the future. Eventually, the child will realize that what they want isn't worth the ordeal that they have to go through to not get it and will learn to give in and just obey the first time. It may be tough while you are going through it right then, but the success in the long run is well worth the time spent. Better 2 hours of battle for you to win with obedience now than 2 years or a possible lifetime of rebellion that you will have to deal with 5 to 10 years from now.

Even an infant, if not put on a schedule, will soon be in control of the home. An organized schedule is the best way to train a baby to follow obediently from the time they are born. Eating, nap time and play time are usually included in that schedule as well. You may be wondering why we would talk about babies since you are dealing with a child, but that is usually where the problems have begun.

Sometimes, crying can be where a baby takes control, and at a very young age. Sometimes they just want to be held and don't ever want to be put down. Some parents think that they need to pick up the baby every time he cries. If they are clean, fed and nothing is wrong, remember they are born with a sin nature and they are probably just having a, "I want to be the center of attention" moment. If that is the mentality that you have kept their entire lives, why wouldn't they cry or throw a fit when they don't get what they want and you tell them "no" or "you have to wait?"

It is also possible for you to not want to discipline your cute little child. If you love them, you have to love them enough to train and discipline them. You need to do it the way God tells us to, not in anger or with impatience, but lovingly show them that their disobedience will not be tolerated any longer and the only option they have is to change.

There is a worldly new way of "training" children that is scary and being taught. You won't find it in the Bible. That is, "distraction." Instead of telling your child "no" or "don't touch" you move it from their reach or "distract" them away from what it is that you don't want them to do. It is often easier to use this technique than to take the time to follow through and simply expect your child to obey immediately and sweetly. After all, you may have a battle on your hands if you tell them, "no" or "don't touch." This technique is very scary for the safety of your child. If you don't teach your child to obey what you say, when you say it, how are they going to obey God? Or, even scarier yet, if your child's life is in danger and all you have done is distract them to obey up to this point, what are you going to do? Though there may be exceptions, it doesn't usually benefit the child to use this technique. It may be a lazy way of parenting.

The Bible teaches how to parent, you just have to be willing, diligent and disciplined to obey what God says.

Be careful not to fall into the trap of allowing your older children to raise your younger children. It is great for them to help out, but remember they aren't the parents and God didn't give them the ultimate authority to correct or discipline.

Each week there are suggested DVDs for you to watch together. You should make it a point each day or night to set aside a couple of hours to focus on the DVD and then discuss it in detail for a minimum of 20 minutes when it is finished. You may need to get a sitter to watch the children so you can have a chance to watch the DVD or have a set bed time for the children so you will have a opportunity to watch it.

You may also want to begin a journal where you list 5 things that you learned from watching the DVD. This can then be used as a reference guide later if you need it.

Once a week you need to set aside a "date night" together. (No kids allowed) It needs to be a minimum of 2 hours. You can discuss the problems that you are having for the first 20-30 minutes, (set a timer if you need to) but after that, nothing can be said negatively. You need the positive time together without dealing with the problems at hand. You may even want to go over your journal and discuss how your are improving.

We would highly recommend that you use our DVDs, but it would also greatly benefit you to see if your pastor or someone who has raised good children (that your pastor would recommend) would advise you and help to hold you accountable on a daily basis. You may even see if they can go through and watch the DVDs with you.

### FAQ's:

**Why should I get the DVDs instead of the CDs?** Sadly, we've had people try to work through problems using the audio/CD version of the titles listed below instead of the DVD version and it probably **WILL NOT WORK**. Yes, the CD's are cheaper, but it will not help you deal with the problems that you are having. When trying to fix a roof that has a HUGE hole in it, do you go to the store and ask to purchase the cheapest tarp you can to fix the hole or do you find someone to help you replace that entire part of the roof so you don't have massive problems again down the road a few months from now? Of course, you try to be as frugal as possible while getting all the tools and materials that you need to fix that hole, but you realize the importance of fixing this problem so you do your best to get what you need. You don't wait days and weeks before finding the tools to fix it--you do it as soon as possible, otherwise you are going to have more damage caused by that problem the longer you wait!

It is the same thing when dealing with problems. It is usually the Mother that senses the problem earlier and the Father typically either doesn't recognize it or doesn't want to deal with it. So they wait until there is a **HUGE** hole that they have to deal with and, if you don't get all the information that you need,

presented in the best way possible, you are going to continue to have greater problems. A weeping Mother gave this testimony: *“Please tell everyone to listen to you when you tell them that the DVDs really do make a difference! We tried using the audio version of the messages to turn our rebellious teen daughter around. We didn’t see the necessity at the time of the DVDs and didn’t feel the need to spend the little extra, and it ended up hurting us much more than helping us. It inoculated our daughter just enough for her to not respond and change. We as the parents did not realize that we weren’t impacted enough by the cassettes to make the changes that were needed in us until it was too late. Please tell others our story to save them more heartache.”*

The DVDs give the impact that you as the Parent need made on you. The CDs will not give you that impact! It is better for you to not hear the message at all than to inoculate yourself against dealing with the problem. If you truly want victory in this or any area for you and your child, you will **NEED** the DVDs and **NOT** the CDs. If you cannot afford the entire series at one time, we suggest that you start with the first one and work your way down the list. (See our specials for the **BEST** possible price!)

**Quick, easy cheap fixes of any life problem tend not to last. This is even truer in the spiritual realm than in the physical realm!**

If you, in a spirit of humility, can ask your spouse and accountability partner to discuss and point out failures as you finish each DVD you will then be able to confess your failures, make yourself accountable to them, and discuss any misunderstandings, misconceptions or misinterpreted motives.

The accountability and discussion is a very important part of this process. Remember that your family knows you far better than anyone else because they live with you. Keep in mind that, if you have or have had a problem with anger in the past, your spouse or accountability partner may not feel the freedom to point out your problems to you. You might try watching especially the first 2 DVDs in the “Anger Series” a couple of times and try a week of changing your recognized failures without discussing it with anyone, and then after a week, ask if they have noticed a change. Whatever you do, **DO NOT GET DEFENSIVE!** Admit that you are trying to change and ask them to be patient with you, but don’t use that as an excuse--**CHANGE!** It is very important not to promise something that you will not be able to fulfill. (An example of this would be, saying that you will never get angry again and then in an hour have an angry outburst.) Otherwise, this will be viewed as inconsistency and cause insecurity and mistrust. **Be very aware of this.** It is so important to your turning your situation around.

**What do I do if I have unanswered questions after watching the DVDs and reading this information sheet?** **AFTER** you have completely finished watching ALL of the DVDs listed above or while you are going through them if you are unclear of something that is happening, you are welcome to call us. Please make sure that you have recently read this information sheet before calling. Once again, **be sure to have ALL the Parenting DVDs watched BEFORE calling with questions. The DVDs are where you’re going to find most (if not all) of the answers to your questions. (You will also need to get your Pastor’s permission before you call as we do not give personal counsel without your Pastor’s permission.)**

**What do I do if my Pastor doesn’t understand these principles?** Take in your copy of the message “Changing the Heart of a Rebel” and tell him that you have heard this message but that he is your Pastor and the God-given protector of the flock. Ask him if he would be willing to listen to the message to see if it is Biblically sound. Then you can ask him to help you further. Pastors can always speak directly with Dr. Davis if they feel they need to. They should call 800-500-8853 and ask for an appointment to speak with Dr. Davis.

***You can also find this information sheet as well as others and additional helpful DVDs on our web site [www.solvefamilyproblems.com](http://www.solvefamilyproblems.com)***

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